

# Supporting Young Carers

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A collaborative model of care

The logo for CrossCare, featuring the word "cross" on the left, a stylized white cross symbol in the center, and the word "care" on the right. The symbol consists of a circle with a crossbar above it.

cross  care

INNOVATION & ACTION FOR SOCIAL CHANGE

# Crosscare Carer Support Programme

- Our programme -20 years in existence
- Local project
- Working with family carers of all ages on the North side of Dublin city

# Young Carer

“A young carer is a child or young person under 18 years whose life is affected in a significant way by the need to provide care for a family or household member who has an illness or disability, addiction or other carer requirements.”

# Pilot Project with Young Carers

- 2010 Pilot project
- Collaborate - 2<sup>nd</sup> level school (12-18 years) in disadvantaged area of North Dublin & City of Dublin Vocational Education Committee

# Aims of Project

1. To provide front-line support for young carers
2. To build support network of Young Carer
3. To raise awareness of young carers in school and in community
4. To raise voices of young carers

# Pilot Project

- No funding available for this project
- Shared our resources of personnel & experience
- Agreed working definition
- Gained consent – parents
- Met with young carers in school to find out about their experiences and needs
- Awareness Day in school – Workshops

# Year 2

- 2011 City of Dublin Youth Services Board – youth workers
- Weekly meetings with young carers
- All agencies continue to meet quarterly – consultative role
- Project now integrated into school practice