



Young Carers in Ireland: Hiding in Plain Sight

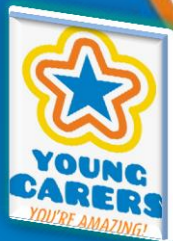


TOYAC Workshop
May 14th 2013



Our Changed Landscape

- Minister For Children
- National Standards in Protection & Welfare
 - Children's Referendum 2012
- New Child and Family Agency Summer 2013
 - Young Carer /Carers Strategy
 - Census 2011 Data on young carers
- NUIG Study on Young Carers In Ireland





Caring Before Their Time?
Research and Policy Perspectives on Young Carers

Julie M. Thompson
and
Robert Carter



2011 YOUNG CARERS PILOT PROJECT REPORT

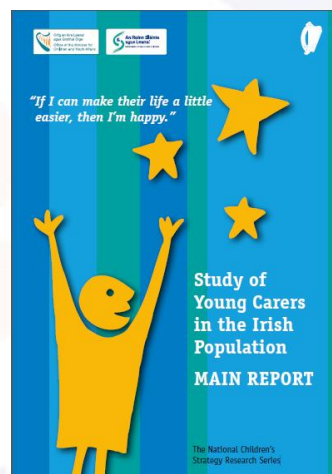
A review of the Young Carers Pilot Project, a collaborative initiative between Crosscare's Carer Support Programme, the CDVEC and Clonecta Kids, Dublin from May 2010 to June 2011.

By Rosamund O'Brien
Project Worker
Crosscare's Carer Support Programme



2012 Ireland

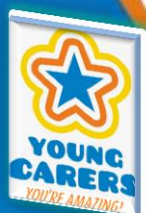
Child Death
Review



supporting
young Carers



a resource
for Scottish
Secondary
Schools



4,244 carers are aged between 15 and 19 years
4,228 carers are aged under 15 years
1,838 carers are aged under 10 years

Census 2011

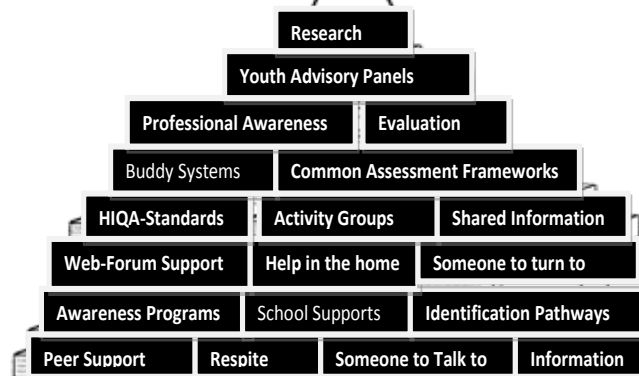


Can you and your organisation help lighten the load of our young people with caring responsibilities?

Inappropriate Unsupported Young Carers

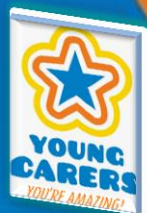


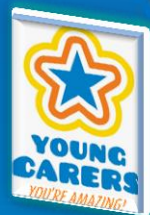
Appropriate Supported Young Carers



Together, we can help tip the balance in their favour.

www.youngcarers.ie info@youngcarers.ie



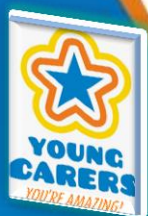


**Who adopt Whole Family
Approach using DRM -
Common Assessment
Frameworks with Local
Protocol style delivery**

**Because of the awareness
program among all Health,
Education, Youth Services
Social Care, Community -
Voluntary-Faith Based**

**All have Someone to
Turn-Talk to by 2016**

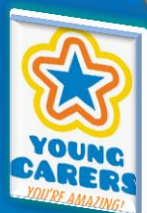
Young Carers

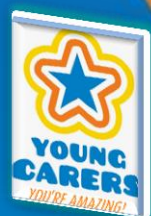
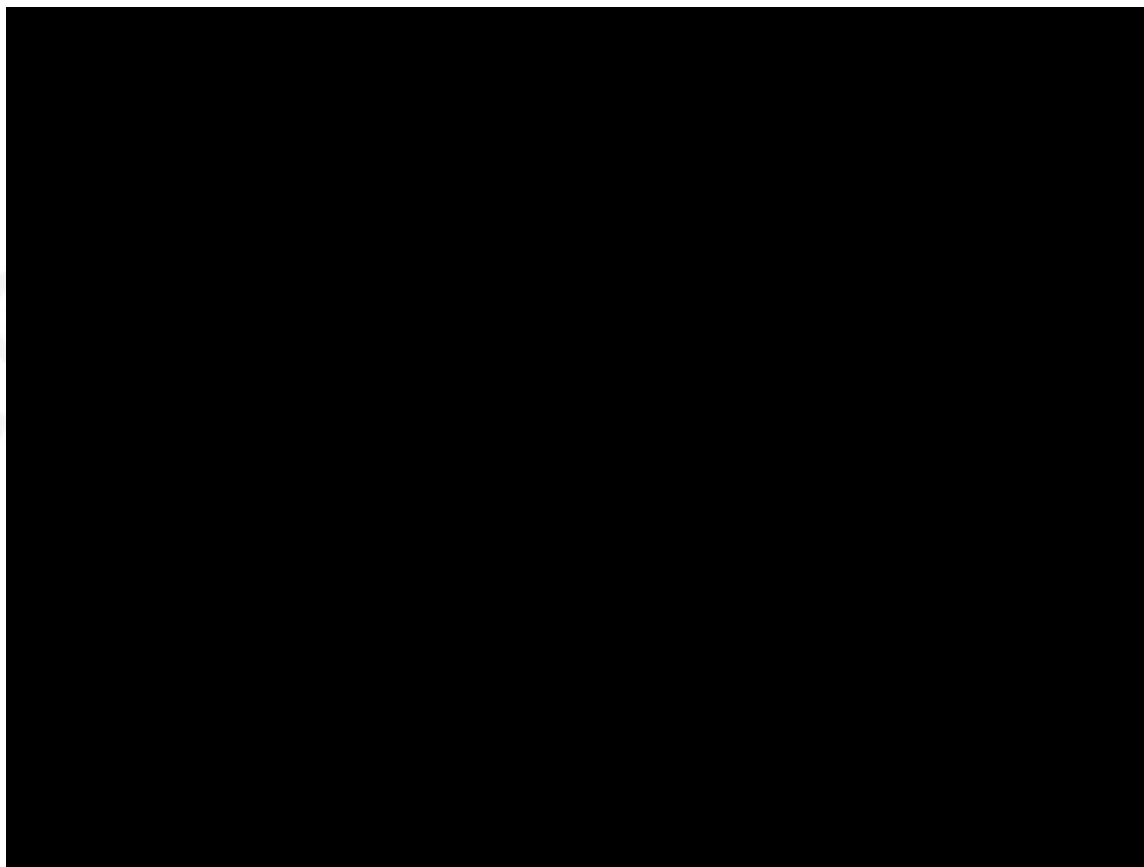




Objective 2.2		Actions	Responsibility	Indicative Timeframe
Support children and young people with caring responsibilities and protect them from adverse impacts of caring	2.2.1	Raise awareness and understanding among education providers of the signs that children and young people have caring responsibilities and the impact of caring on them	DCYA; DES	2012/2013 and ongoing
	2.2.2	Encourage statutory agencies to review the way that they respond to children and young people with caring responsibilities	DoH; DCYA; DES	2012/2013 and ongoing
	2.2.3	Identify support services needed by children and young people with caring responsibilities and create mechanisms for young carers to contact service providers	HSE	2013
	2.2.4	Investigate and analyse the situation of children and young people undertaking caring roles	CSO	2013

Our First National Carers Strategy 2012 Young Carer Elements







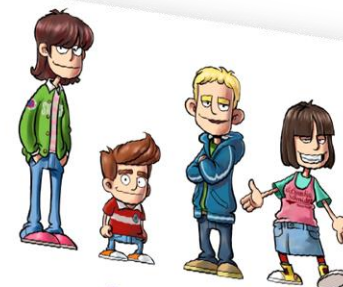
supporting
young Carers



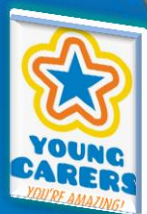
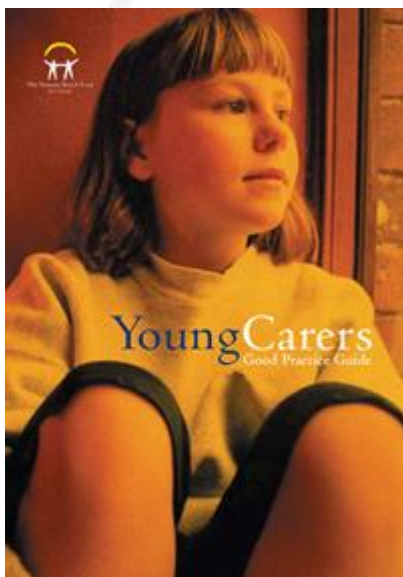
a resource
for Scottish
Secondary
Schools



**YOUNG
CARERS**
YOU'RE AMAZING!



Supporting
young people with caring
responsibilities in Ireland
School Resource Toolkit



Resources Available on www.youngcarers.ie



- Information
- Booklets
- Leaflets
- Posters
- Awareness Toolkits
- Referral Forms
- Policy Templates
- Online Forums
- Agency Aunts
- Video Vix II
- Classroom Resources
- Practice Guidance
- Tools to measure outcomes



CONTACT: YOUNG CARERS PROJECT 088 022 5607

EMAIL: info@youngcarers.ie



- National Organisation representing Family Carers
- Web platform- www.youngcarers.ie
- Resources-Templates...Open Source material
- Recognition-Young Carer of the Year Award
- Online support / Forums / Chat room
- Advocacy & Training
- Support to develop collaborative supports
- Ongoing Development Work
- IPAC Irish Practice Advisory Conference



WHAT MAKES A YOUNG CARER SUPPORT SERVICE



**Weekly
Club/Activity
Groups**

Advocacy

Forum

Website

Information

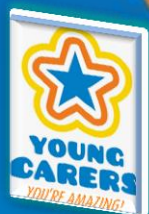
1-1 Support

**School
Supports**

Group-work

Training

**Respite-
Activity
Breaks**





Young Carers Project

www.youngcarers.ie info@youngcarers.ie



Am I a Young Carer? - What about what makes it?

What is a Young Carer?
A Young Carer is a child or young person who takes on extra responsibilities for a family or household because of the illness, disability, addiction or other care requirement.

Am I a Young Carer?

If you are a Young Carer, then in any of the following situations then you may be a Young Carer:

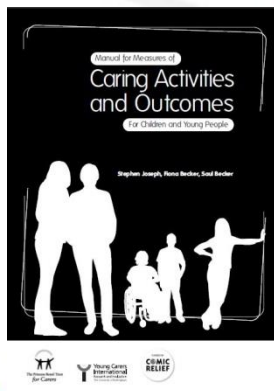
- Do you:
 - Care for a grandparent, parent, brother, sister or other family member?
 - Help someone to dress or undress because they cannot do so?
 - Help someone to walk, get up the stairs, or to get in and out of bed?
 - Help someone to use the toilet or shower?
 - Help someone to eat and drink?
 - Are involved in cooking, give medication or change nappies?
 - Help someone to dress or undress or do the housework or other routine care of anyone?
 - Do household tasks as usual? Is not work to do so?
 - Look after children because no adult is present?
 - Look after siblings because no adult is present?
 - Take on a supportive role for the main carer?

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A Strategic Approach



Young Carers Project
Supporting Young Carers in Ireland
The Young Carers Project is a national initiative to support young people with caring responsibilities in Ireland.
www.youngcarers.ie



Young Carers Project
www.youngcarers.ie info@youngcarers.ie

Young Person Self Referral Form

You have to give your name and address information about yourself to the Young Carers Project. This information will help us understand your needs and we can offer support and help.

What is your name and address (as you live)?

Name: What's your birthday? What age are you?

Address:

Mobile (if you have one) Email (if you have one)

Do you go to school/college? If yes, which one?

Who is your teacher/coordinator?

How would you like us to get in touch with you? (please tick box)

By post? ☐ By email? ☐

By letter? ☐ Do the address below ☐

Please turn over and fill in a bit more about yourself!

Young Carers Project
www.youngcarers.ie info@youngcarers.ie

Referral or Referral to be made?

Please Tick: Yes ☐ No ☐ Reason

Please tick the box that best describes your situation. We will then contact you to discuss your needs.

1. What did you think of the school?

2. What do you think of the school?

3. What was the best bit? (year only)

4. What was the worst bit? (year only)

5. Do you want to be in touch with you? (please tick box)

6. Do you want to be in touch with you? (please tick box)

7. Optional: My Name is

If you would like us to ring you at home, please give a telephone number:

Young Carers Project

www.youngcarers.ie info@youngcarers.ie



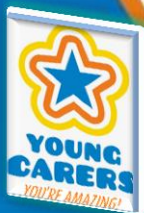
School Charter & Co-ordinator Role

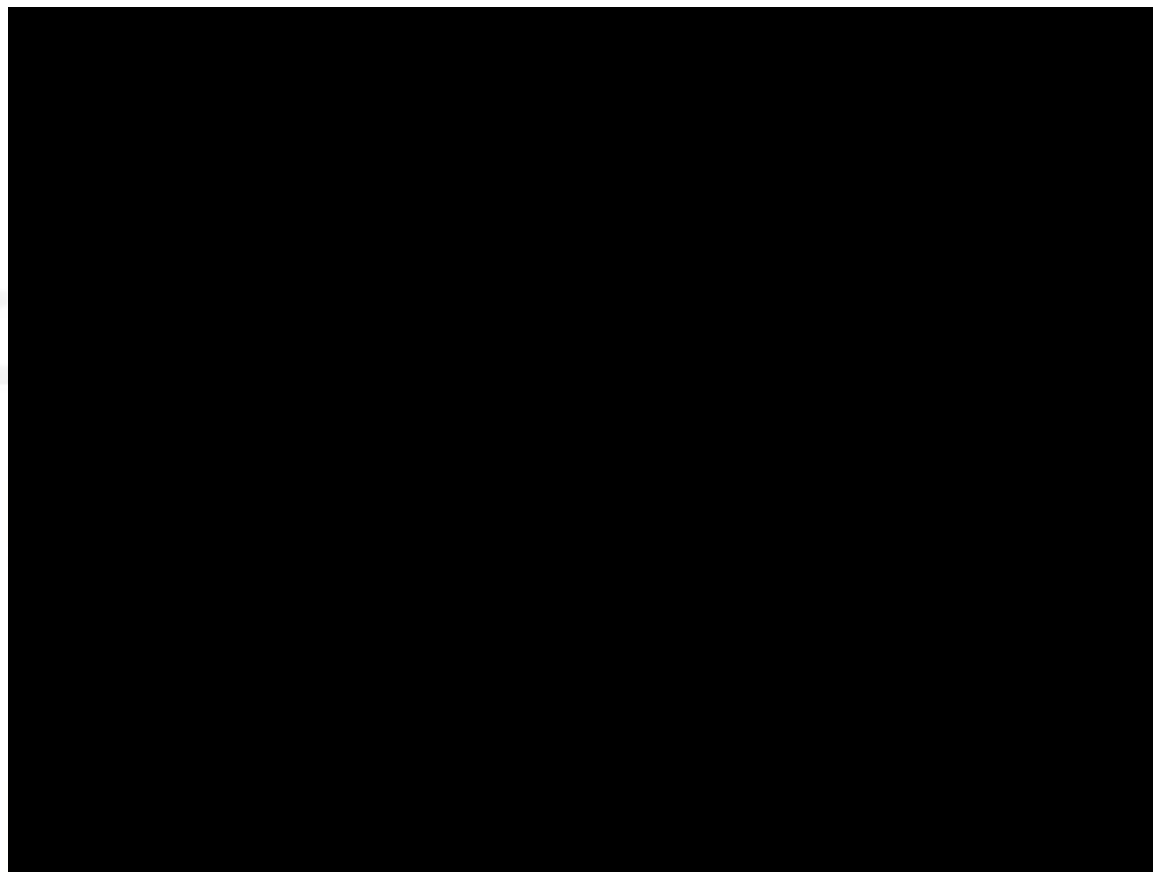
- The role of the Young Carers Co-ordinator is to:
 - provide a named point of contact for young people and staff concerned about young people
 - act as a link between young people and staff and the Young Carers Project
 - ensure that young people are supported appropriately in their education in accordance with the school's policy
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Young Carers - A Charter for Schools

The Young Carers Project is a national initiative to support young people with caring responsibilities in Ireland. The project aims to provide a named point of contact for young people and staff concerned about young people, act as a link between young people and staff and the Young Carers Project, ensure that young people are supported appropriately in their education in accordance with the school's policy, ensure that young people are supported appropriately in their education in accordance with the school's policy, ensure that young people are supported appropriately in their education in accordance with the school's policy, ensure that young people are supported appropriately in their education in accordance with the school's policy.

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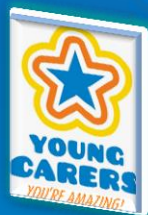






Principles

- KIS- Keep It Simple
- Don't Assume ; It makes an ASS = U + ME.
- Questions are the Answers
- People don't; care how much you know until they know how much you care
- **Learn-Do-Teach**-If you develop a system you can teach it





<http://www.youngcarers.nsw.gov.au/pages/elearning.php>

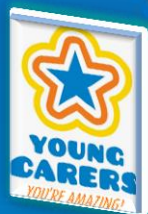
(Elearning course on young carers)

<http://www.carers.org/news/young-adult-carers-tell-us-about-your-experiences-education-and-work>

New Research Study by Saul Becker

<http://kidstime.thedigitalacademy.com/the-who-cares-project>

Kids Time Foundation -Who Cares

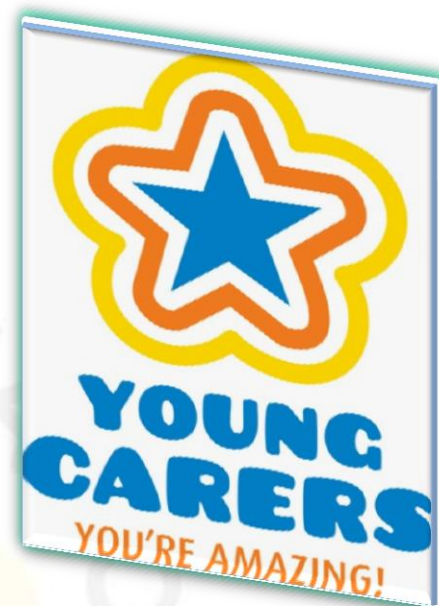




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