

KOPP – KVO GROUPS

TON BELLEMAKERS

VICTAS

centrum
voor
verslavingszorg

There are groups for different age levels

6-8 years

9-12 years

13-16 years

16-23 years

MAIN PRINCIPLES



Recognition and sharing

Information: understanding the parents illness

Skills: learn to cope

Learn to seek social support

ORGANISATION



8 meetings and 2 meetings with parents or a continuous group with meetings every 2 weeks

CONTENT



Activities are combined with discussions

Possible activities are acting, making a video, baking pancakes

For parents:

[www. Kopopouders.nl](http://www.Kopopouders.nl)

For children en young adolescents:

[www. Kopstoring.nl](http://www.Kopstoring.nl)

[www. Drankjewel.nl](http://www.Drankjewel.nl)

[www. Survivalkid.nl](http://www.Survivalkid.nl)