

*TOGETHER FOR YOUNG ADULT  
CARERS:  
INTRODUCTION TO THE PROJECT*



---

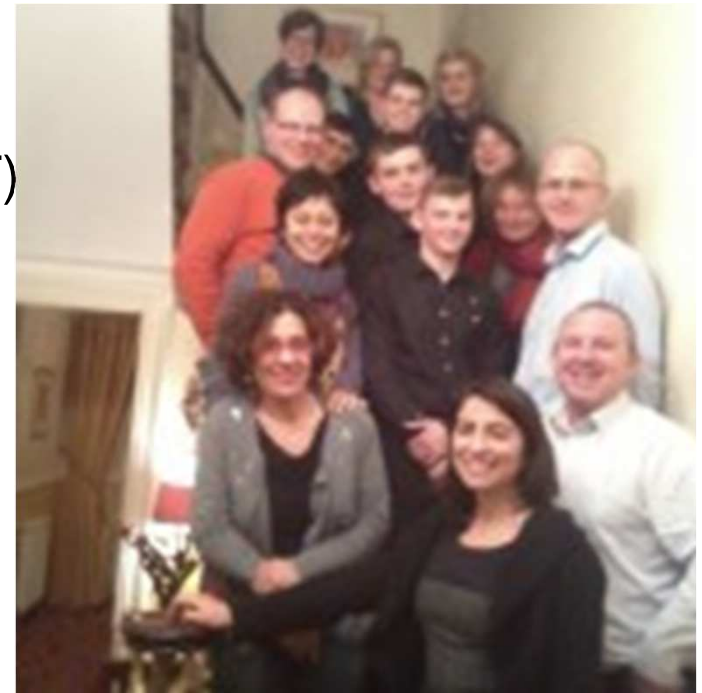
Bologna, May 21st 2014

# THE PROGRAMME

- The project has been funded in the framework of the Grundtvig - [Lifelong Learning Programme](#) from 2007-2013.
  - It supported individuals and organisations involved in non-vocational adult education to participate in European training activities and projects.
- Project Duration: August 2012 – July 2014

# THE PARTNERSHIP

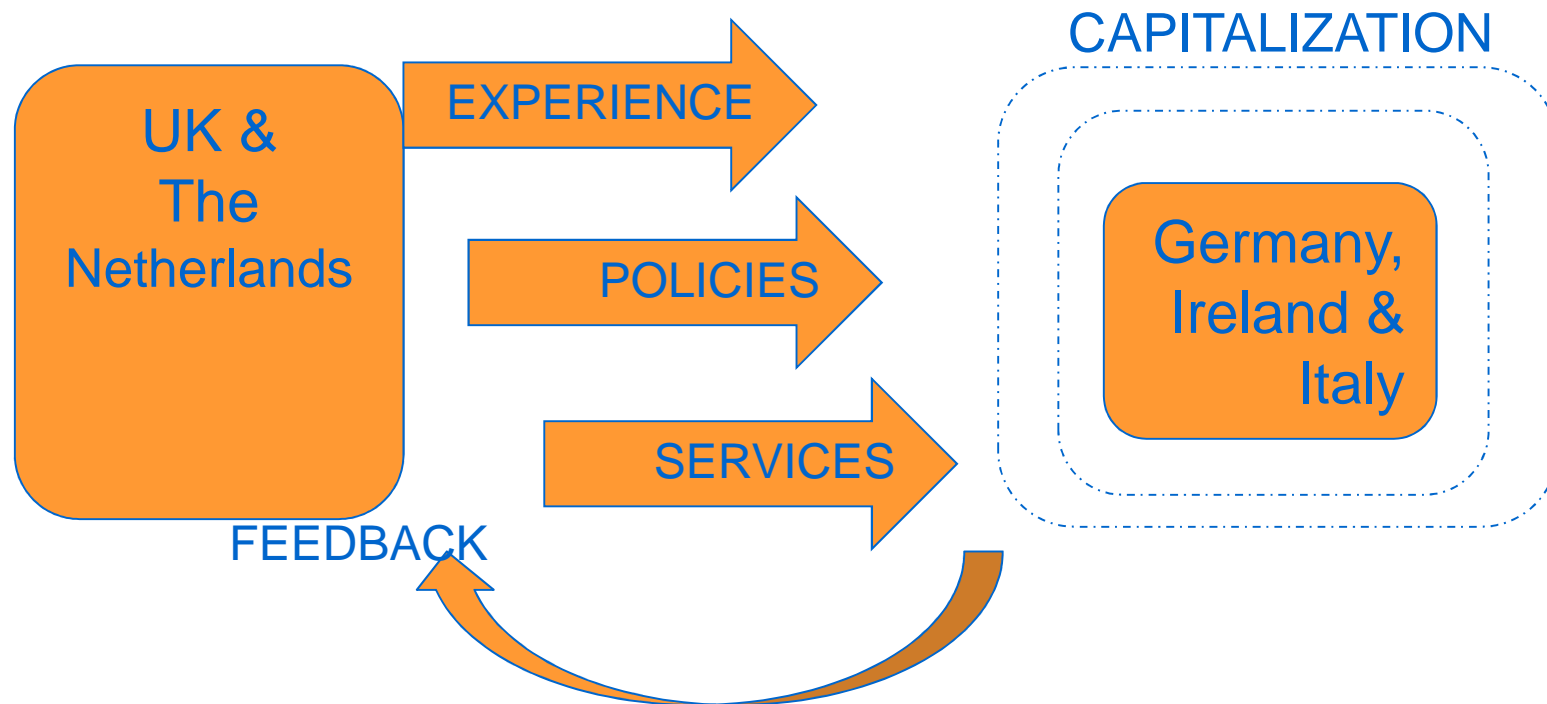
- Wir Pflegen – (DE)  
[Www.wir-pflegen.net](http://www.wir-pflegen.net)
- Anziani e Non Solo società cooperativa (IT)  
[www.anzianienonsolo.it](http://www.anzianienonsolo.it)
- ASP Italy (IT)  
[www.aspcesenavallesavio.eu](http://www.aspcesenavallesavio.eu)
- Care Alliance Ireland (IE)  
[www.carealliance.ie](http://www.carealliance.ie)
- Carers Trust (UK)  
[www.carers.org](http://www.carers.org) - [www.youngcarers.net](http://www.youngcarers.net)
- MOVISIE (The Netherlands)  
[www.movisie.nl](http://www.movisie.nl)



# PROJECT AIMS



ToYAC is an opportunity to share experiences and good practices between countries.



# THE DEFINITION OF YAC



People aged 18 – 24/30 who provide or intend to provide care, assistance or support to another family member on an unpaid basis.

The person receiving care is often a parent, but can be a sibling, grandparent, partner, child or other relative who is disabled, has some chronic illness, mental health problem or other condition (including substance misuse) connected with a need for care, support or supervision.

# YAC CRITICAL ASPECTS



- Limited free time and ambitions;
- Emotional Impacts;
- Isolation, lack of peer understanding;
- Lack of house autonomy;
- Lack of support at school;
- Problem in finding a job (Need of larger flexibility at work);
- Financial Problems;
- Lack of awareness and role recognition.

# YAC POTENTIALITIES

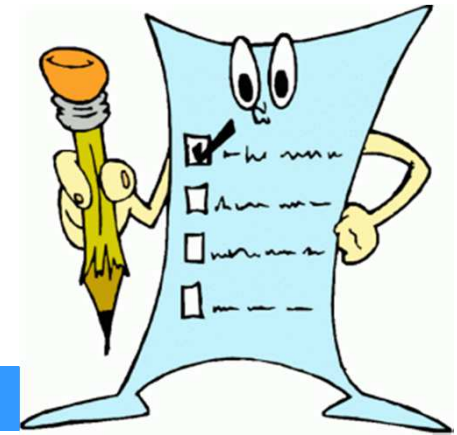


Young Adult Cares thank to their role have developed the following skills/capabilities:

- Sense of responsibility;
- Knowledge on health care and social services;
- Management of daily activities.

# PROJECT ACTIVITIES

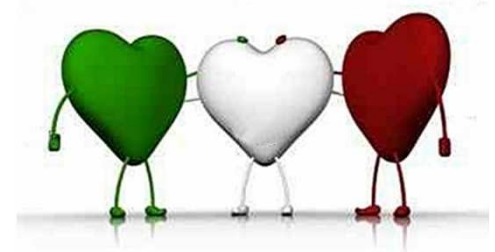
## THE FIELD RESEARCH (1)



- AIM:** Collect information about YACs' situation in the 5 involved countries (figures, policies, services)
- TOOL USED:** Questionnaire elaborated by partners (Definition, protective and risk factors, good practices)
- INTERVIEWEES:** YACs' organizations coordinators, Experts working in the social and health sectors
- RESULTS:**
- Definition (age range related to social factors)
  - Differences among countries in terms of awareness services and policies' development level



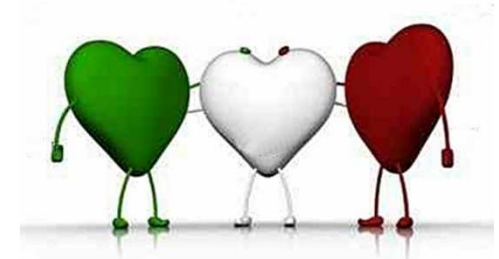
# PROJECT ACTIVITIES: THE FIELD RESEARCH (2)



## The Italian Results

- Difficulties: Lack of awareness and recognition of the YAC, “Family Welfare”
- 12 Interviewees: Representatives of YACs and condition-specific associations, experts
- Vulnerability factors: Emotional difficulties; Limited opportunities; Lack of understanding from the peers; Difficulties in leaving home
- Policies known: (I) Law 104, (II) fund for dependent people, (III) no planned strategies but services “on demand” according to the identified needs

# PROJECT ACTIVITIES: THE FIELD RESEARCH (3)



## RISK FACTORS



- Financial problems
- Lack of recognition
- Parental depression,
- Little leisure time,
- Lengthy illness duration (cared for)
- Few coping skills
- Female gender on the young adult carers
- Small social network,
- Low socio-economic status (SES)

## PROTECTIVE FACTORS



- Counselling services and support for YAC
- Cooperation between involved care professionals
- Appropriate assistance, counselling
- Participation
- Skills to find solutions
- Social support from the social network
- Raising public awareness and legislation and legal

# PROJECT ACTIVITIES: THE STUDY VISITS (1)



AIM: exchange good practices,  
reflect on common problems and  
plan new strategies

## COUNTRIES VISITED:

- Ireland (Dublin)
- The Netherlands (Utrecht)
- The UK, Scotland (Glasgow)
- Germany (Hamburg)
- Italy (Bologna)



# PROJECT ACTIVITIES

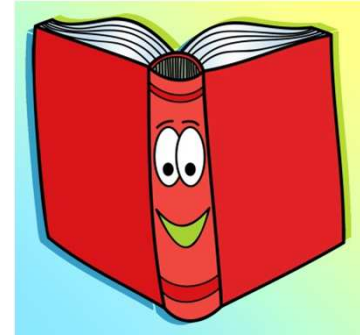
## STUDY VISITS (2)



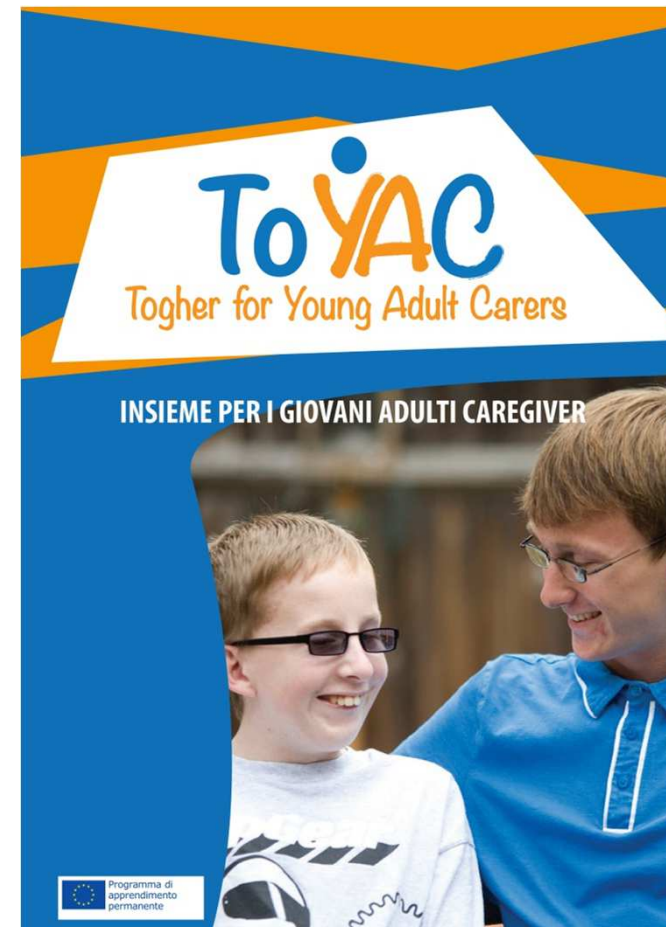
- In Ireland : Third level education
- In The Netherlands: migrants and dialogue groups + school project for young carers
- In UK, Scotland: National Strategy, YAC centers, Open University, Social enterprises (i.e.: Dalmellington)
- In Germany: no specific services
- In Italy: Presentation of the Regional Law on carers and of “services on demand”, open discussion on strategies.

# PROJECT ACTIVITIES

## THE TOYAC BOOKLET



- The Booklet contains information and links related to the results of the survey, a collection of best practices and YACs' experiences, and the Recommendations for education, social and health sectors workers
- The booklet can be download from the TOYAC website in Italian too!!!



# PROJECT DISSEMINATION ACTIVITIES



## SEMINARS20



## WORKSHOPS



## WEBSITE



<http://www.youngadultcarers.eu/>



# YOUNG ADULT CARERS IN ITALY EMILIA ROMAGNA REGION



POLITICAL LEVEL:

Regional Law on carers

AWARENESS  
CAMPAIGNS

- Caregiver Day in Carpi, since 2013 it dedicates a section to YACs
- Project presentation in 3 High Schools, 2 Secondary schools, 1 Youth center

PRACTICAL  
ACTIVITIES:

Administration of Questionnaire on over 600 students in the Carpi area

FUTURE PERSPECTIVE: A STRUCTURED MULTISECTORIAL STRATEGY ON YOUNG ADULT CARERS AT REGIONAL LEVEL



*THANK YOU!*

Anziani e non solo soc. coop.

[www.anzianienonsolo.it](http://www.anzianienonsolo.it)

Azienda Pubblica di Servizi alla  
persona– Cesena Valle Savio

[www.aspcesenavallesavio.eu](http://www.aspcesenavallesavio.eu)

