

TOGETHER FOR YOUNG ADULT CARERS: INTRODUCTION TO THE PROJECT



HAMBURG, March 21st 2014

THE PROGRAMME

- The project has been funded in the framework of the Grundtvig - Lifelong Learning Programme from 2007-2013.
 - It supported individuals and organisations involved in non-vocational adult education to participate in European training activities and projects.
- Project Duration: August 2012 – July 2014



THE DEFINITION OF YAC

People aged 18 – 30 who provide or intend to provide care, assistance or support to another family member on an unpaid basis.

The person receiving care is often a parent, but can be a sibling, grandparent, partner, child or other relative who is disabled, has some chronic illness, mental health problem or other condition (including substance misuse) connected with a need for care, support or supervision.

YAC CRITICAL ASPECTS



- Limited free time and ambitions;
- Emotional Impacts;
- Isolation, lack of peer understanding;
- Lack of house autonomy;
- Lack of support at school;
- Problem in find a job (Need of larger flexibility at work);
- Financial Problems;
- Lack of awareness and role recognition.

YAC POTENTIALITIES



Young Adult Cares thank to their role have developed the following skills/capabilities:

- Sense of responsibility;
- Knowledge on health care and social services;
- Management of daily activities.

YAC IN EUROPE

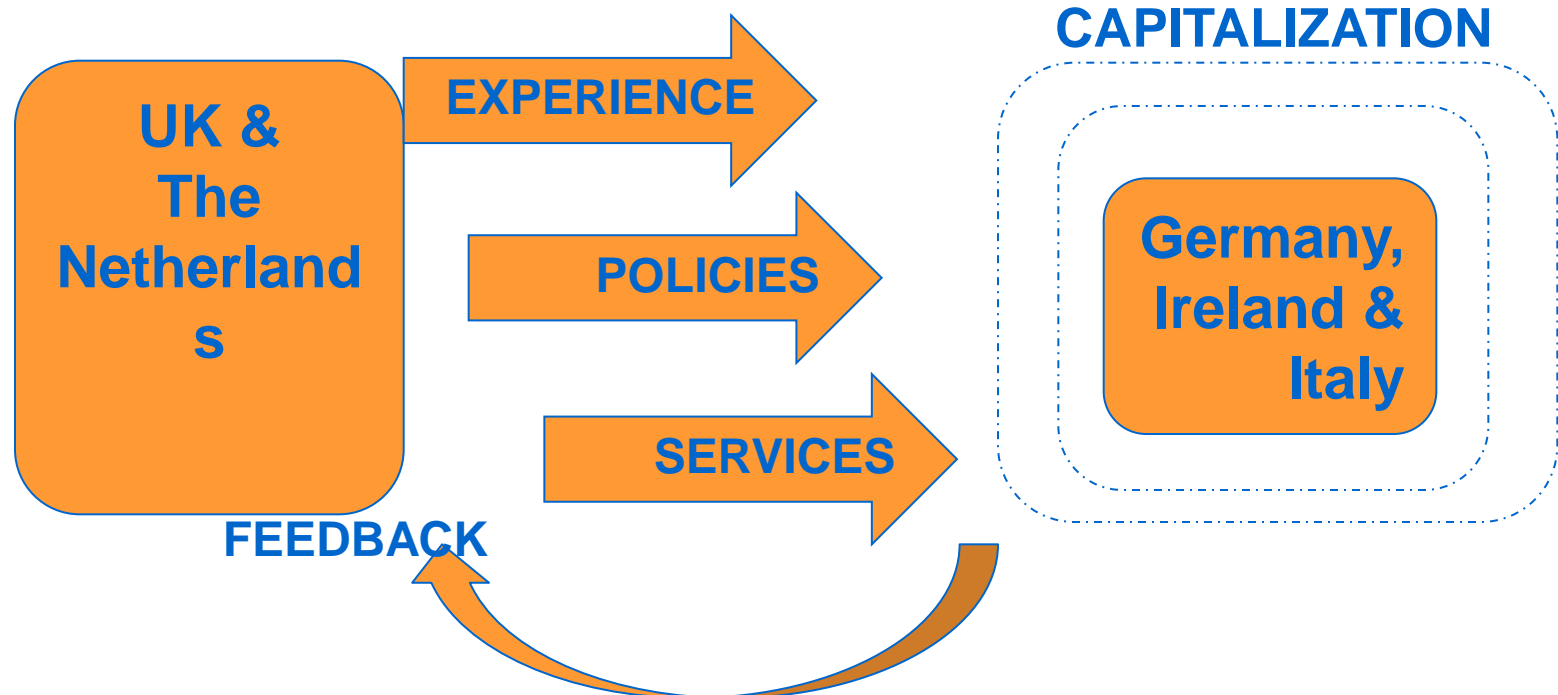


- Role Recognition of the people with caring responsibilities
- Set up of centers dedicate to YACs
- Development of orientation and counselling services within public intitutions (social services, Universities, employment centers, etc.)
- Help lines dedicated to this target group;
- Websites and social networking,
- Events, awards and social recognitions (Young Carers Festival – Scotland)

PROJECT AIMS



ToYAC is an opportunity to share experiences and good practices between countries.



PROJECT ACTIVITIES



- **Field research**, which will collect information about figures, policies, activities and good practices in each of the partner countries; a summary of results will follow in the next presentation
- **Study visits** to exchange good practices:
 - ✓ **In Dublin**
 - ✓ **In Utrecht**
 - ✓ **In Glasgow**
 - ✓ **In Hamburg**
 - ✓ **In Italy**
- **Handbook** which will include the results of the survey, reports on the study visits, lessons learned, a collection of best practices and YACs' experiences

PROJECT ACTIVITIES



- **Study visits to exchange good practices:**
 - ✓ **In Dublin** 1 extra slide with the input, highlights, a picture ?
 - ✓ **In Utrecht** 1 extra slide with the input, highlights, a picture ?
 - ✓ **In Glasgow** 1 extra slide with the input, highlights, a picture ?

PROJECT DISSEMINATION ACTIVITIES

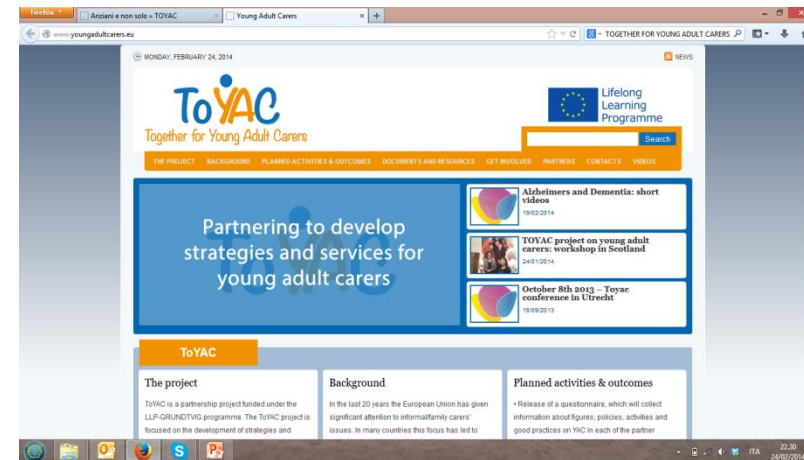
SEMINARS



WORKSHOPS



WEBSITE



PROJECT PARTNERSHIP

- Wir Pflegen – (DE)
www.wir-pflegen.net
- Anziani e Non Solo società cooperativa (IT)
www.anzianienonsolo.it
- ASP Italy (IT)
www.aspcesenavallesavio.eu
- Care Alliance Ireland (IE)
www.carealliance.ie
- Princess Royal Trust for Carers (UK)
www.carers.org - www.youngcarers.net
- MOVISIE (The Netherlands)
www.movisie.nl



THANK YOU!

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